

CRISIS SERVICES

Police, Fire, Ambulance	000
Lifeline	13 11 14
Kids Helpline	1800 55 1800
Mental Health Emergency- Response Line	1300 555 788 (Metro) 1800 676 822 (Peel)
Poison Information Centre	13 11 26
Samaritans Youth Line	1800 198 313
Sexual Assault Resource Service	1800 199 888

CRISIS ACCOMMODATION

Crisis Care 1800 199 008
Entry Point 1800 124 684
TINOCA 9307 4520

DRUG & ALCOHOL SERVICES

Alcohol & Drug
Information Service
9442 5000
Drug & Alcohol Service
9222 6300
Wungening Aboriginal
Corporation 9221 1411

ONLINE SUPPORT

ehespace.org.au
reachout.com
youthbeyondblue.com

SEXUAL HEALTH

Sexual Health Helpline
9227 6178 (Metro)
1800 198 205 (Regional)

COUNSELLING

Headspace 1800 650 890
Youth Focus 6266 4333
YouthLink 1300 362 569
YouthReach South
9499 4274

FINANCIAL ASSISTANCE

Centrelink 13 24 90
National Debt Hotline
1800 007 007

LEGAL ASSISTANCE

Youth Legal Service
9202 1688

How can Youth Futures help?

If you're aged 15-24 and need a safe place to stay, some food in the cupboard or if school is just not for you, give us a call on (08) 9300 2677 to find out how our friendly staff can help with accommodation, emergency relief, alternative education and support.

However, if you or a friend need urgent assistance, please contact one of the crisis services on the left.